

Item	Pizzas													
	Per Serving Size	Serving	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs Total	Fiber	Dietary	Protein	Vitamin A	Vitamin C	Calcium
Small Cheese Pizza	1 Slice	6	108	5	2	11	218	14	0	9	3%	0%	15%	1%
Small Avanti's Special	1 Slice	6	171	10	18	25	538	15	1	12	4%	4%	16%	2%
Small Hawaiian Pizza	1 Slice	6	118	5	2	14	285	15	1	10	3%	1%	15%	1%
Small BBQ Chicken Pizza	1 Slice	6	123	5	2	16	237	15	1	11	3%	0%	15%	2%
Small Extra Cheese Pizza	1 Slice	6	124	7	3	17	280	15	0	12	4%	0%	23%	1%
Small Sausage Pizza	1 Slice	6	160	9	23	22	491	15	1	11	4%	0%	15%	2%
Small Pepperoni Pizza	1 Slice	6	139	7	5	17	337	14	0	10	3%	0%	16%	2%
Small Ham Pizza	1 Slice	6	118	5	3	15	328	14	0	10	3%	0%	15%	1%
Small Hamburger Pizza	1 Slice	6	158	9	4	24	233	14	0	12	3%	0%	15%	3%
Small Chicken Pizza	1 Slice	6	124	5	2	16	244	15	1	11	3%	0%	15%	2%
Small Bacon Pizza	1 Slice	6	160	9	4	21	425	15	0	12	3%	0%	15%	2%
Small Mushroom Pizza	1 Slice	6	109	5	2	11	221	16	1	11	3%	1%	15%	1%
Small Onion Pizza	1 Slice	6	110	5	2	11	218	15	1	9	3%	1%	15%	1%
Small Green Pepper Pizza	1 Slice	6	109	5	2	11	218	15	1	9	3%	6%	15%	1%
Small Green Olive Pizza	1 Slice	6	122	6	2	11	398	15	0	9	3%	0%	15%	1%
Small Black Olive Pizza	1 Slice	6	122	6	3	11	284	15	0	9	3%	0%	15%	1%
Small Pineapple Pizza	1 Slice	6	115	5	2	11	219	16	1	9	3%	1%	15%	1%
Small Pepperoncini Pizza	1 Slice	6	111	5	2	11	341	15	1	9	3%	0%	15%	1%
Small Tomato Pizza	1 Slice	6	115	5	2	11	219	15	1	9	3%	2%	15%	1%
Small Pepperoni & Sausage Pizza	1 Slice	6	191	12	26	29	610	15	1	12	4%	0%	16%	2%
Small Sausage & Mushroom Pizza	1 Slice	6	161	9	23	22	491	15	1	11	4%	0%	15%	2%
Small Pepperoni & Mushroom Pizza	1 Slice	6	140	7	5	17	337	15	1	10	3%	0%	16%	2%
Small Mushroom, Onion, and Green Pepper	1 Slice	6	110	5	2	11	218	15	1	9	3%	4%	15%	1%
Small Pepperoni, Sausage, and Mushrooms	1 Slice	6	165	9	18	23	482	15	1	11	4%	0%	16%	2%

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Avanti's Italian Restaurant - Pizzas

Item	Per Serving	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Total Fiber	Dietary Protein	Vitamin A	Vitamin C	Calcium	Iron
Medium Cheese Pizza	1 Slice	8	128	5	3	13	254	17	1	10	3%	0%	17%	1%
Medium Avanti's Special	1 Slice	8	204	11	21	29	625	18	1	14	4%	4%	18%	3%
Medium Hawaiian Pizza	1 Slice	8	140	6	3	16	338	19	1	11	4%	1%	17%	2%
Medium BBQ Chicken Pizza	1 Slice	8	172	6	3	23	328	22	1	14	4%	1%	17%	2%
Medium Extra Cheese Pizza	1 Slice	8	147	8	4	19	324	18	1	13	5%	0%	25%	1%
Medium Sausage Pizza	1 Slice	8	180	10	23	24	527	18	1	12	4%	0%	17%	2%
Medium Pepperoni Pizza	1 Slice	8	163	9	6	20	391	17	1	11	3%	0%	18%	2%
Medium Ham Pizza	1 Slice	8	139	6	3	17	378	17	1	12	3%	0%	17%	1%
Medium Hamburger Pizza	1 Slice	8	178	10	4	25	269	17	1	13	3%	0%	17%	3%
Medium Chicken Pizza	1 Slice	8	155	7	3	23	302	17	1	14	4%	1%	18%	2%
Medium Bacon Pizza	1 Slice	8	182	10	4	24	483	17	1	14	3%	0%	17%	2%
Medium Mushroom Pizza	1 Slice	8	130	6	3	13	255	18	1	10	3%	0%	17%	2%
Medium Onion Pizza	1 Slice	8	130	5	3	13	255	18	1	10	3%	1%	17%	1%
Medium Green Pepper Pizza	1 Slice	8	129	5	3	13	255	18	1	10	4%	7%	17%	1%
Medium Green Olive Pizza	1 Slice	8	144	7	3	13	456	18	1	10	3%	0%	17%	1%
Medium Black Olive Pizza	1 Slice	8	140	7	4	13	325	17	1	10	3%	0%	17%	1%
Medium Pineapple Pizza	1 Slice	8	135	5	3	13	255	19	1	10	4%	2%	17%	2%
Medium Pepperoncini Pizza	1 Slice	8	131	5	3	13	396	18	1	10	3%	0%	17%	1%
Medium Tomato Pizza	1 Slice	8	136	6	3	13	255	18	1	10	4%	2%	17%	2%
Medium Pepperoni & Sausage Pizza	1 Slice	8	216	13	27	31	664	18	1	14	4%	0%	18%	3%
Medium Sausage & Mushroom Pizza	1 Slice	8	181	10	23	24	528	18	1	13	4%	0%	17%	2%
Medium Pepperoni & Mushroom Pizza	1 Slice	8	165	9	6	20	392	18	1	11	3%	0%	18%	2%
Medium Mushroom, Onion, and Green Pepper	1 Slice	8	131	5	3	13	255	18	1	10	4%	4%	17%	2%
Medium Pepperoni, Sausage, and Mushrooms	1 Slice	8	211	12	26	30	644	18	1	14	4%	0%	18%	3%

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Avanti's Italian Restaurant - Pizzas

Item	Per Serving Size	Serving	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs Total	Dietary Fiber	Protein	Vitamin A	Vitamin C	Calcium	Iron
Large Cheese Pizza	1 Slice	12	133	6	3	14	268	18	1	11	4%	0%	19%	1%
Large Avanti's Special	1 Slice	12	212	12	23	21	660	19	1	15	5%	4%	20%	3%
Large Hawaiian Pizza	1 Slice	12	148	6	3	18	378	19	1	12	4%	1%	19%	2%
Large BBQ Chicken Pizza	1 Slice	12	194	7	3	27	372	24	1	16	4%	1%	19%	3%
Large Extra Cheese Pizza	1 Slice	12	154	8	4	21	345	18	1	14	6%	0%	28%	1%
Large Sausage Pizza	1 Slice	12	194	11	27	27	586	18	1	14	5%	0%	19%	2%
Large Pepperoni Pizza	1 Slice	12	176	10	7	22	432	18	1	12	4%	0%	20%	2%
Large Ham Pizza	1 Slice	12	148	7	3	20	433	18	1	13	4%	0%	19%	1%
Large Hamburger Pizza	1 Slice	12	192	11	5	38	385	18	1	14	4%	0%	19%	4%
Large Chicken Pizza	1 Slice	12	175	7	3	28	337	18	1	16	4%	1%	20%	3%
Large Bacon Pizza	1 Slice	12	185	10	4	24	475	18	1	14	4%	0%	19%	2%
Large Mushroom Pizza	1 Slice	12	135	6	3	14	268	18	1	11	4%	0%	19%	2%
Large Onion Pizza	1 Slice	12	135	6	3	14	268	18	1	11	4%	1%	19%	1%
Large Green Pepper Pizza	1 Slice	12	134	6	3	14	268	18	1	11	4%	6%	19%	1%
Large Green Olive Pizza	1 Slice	12	150	7	3	14	481	18	1	11	4%	0%	19%	1%
Large Black Olive Pizza	1 Slice	12	150	7	4	14	346	18	1	11	4%	0%	19%	1%
Large Pineapple Pizza	1 Slice	12	142	6	3	14	269	20	1	11	4%	2%	19%	2%
Large Pepperoncini Pizza	1 Slice	12	137	6	3	14	423	18	1	11	4%	0%	19%	1%
Large Tomato Pizza	1 Slice	12	142	6	3	14	268	18	1	11	4%	3%	19%	2%
Large Pepperoni & Sausage Pizza	1 Slice	12	237	15	31	36	750	18	1	15	5%	0%	20%	3%
Large Sausage & Mushroom Pizza	1 Slice	12	196	11	27	27	586	18	1	14	5%	0%	19%	3%
Large Pepperoni & Mushroom Pizza	1 Slice	12	177	10	7	22	432	18	1	13	4%	0%	20%	2%
Large Mushroom, Onion, and Green Pepper Pizza	1 Slice	12	137	6	3	14	268	18	1	11	4%	4%	19%	2%
Large Pepperoni, Sausage, and Mushrooms	1 Slice	12	224	13	30	33	696	18	1	15	5%	0%	20%	3%

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